Outpatient Building and Spagnoli Family Cancer Center

Orange Regional’s new 153,000 square foot, five-story Outpatient Building and a 26,000 square-foot, single-story Spagnoli Family Cancer Center are open at the hospital’s main campus.

The expansion project relocated most outpatient services into a new, state-of-the-art buildings on the existing 73-acre hospital campus in Middletown. Both new buildings have patient-centered healing environments incorporating advanced technology and amenities for patients and families.

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FROM THE

CHIEF MEDICAL OFFICER

The Zone

How many of you remember the TV show The Jefferson’s and its theme song? – “Well we’re moving on up - to the East side - To a deluxe apartment in the sky. Movin on up - To the East side. We finally got a piece of the pie.”

Sometimes I can’t help but equate ORMC with The Jefferson’s. Starting from two small community hospitals - both aging and run down and look at where we are now with our brand new, state-of-the-art healthcare facilities. We are “moving on up.”

Remarkable progress brought about by a Board with vision, a community with needs, an executive team with great leadership and a medical and nursing staff willing to accept change and embrace quality. The great thing is we are just getting started. New programs like trauma, ortho trauma, vascular services, peds hospitalists, Peds surgery and PICU on the horizon, enhanced outpatient facilities and a new sense of cooperation between and among groups is occurring. Where we go from here is really limitless. Our patient-first philosophy is the foundation of everything we do.

Coming to work every day is fun when you can see the progress and look to the future of what can be. I hope every one of our staff feels this same way because you are part of the progress. Without your effort every day we could not succeed. The more you give – the more you get. Thanks to all for helping us “move on up.”

Regards,

Jim Oxley, DO
Chief Medical Officer

Welcome New Practitioners
December 2016 – March 2017

Ahmad, Jowairiyya S., MD Medicine
Arguello Perez, Esther Sofia, MD Medicine
Ayanruoh, Steve Teni, MD Emergency Medicine
Barrow, Nekia Oriana, MD OB/GYN
Brezin, Stuart Howard, MD Pediatrics
Bostwick, Howard E., MD Pediatrics
Churrango, Jose Luis, MD Gastroenterology
Cohn, Inna, DO OB/GYN
Dassan, Manveen K., MD Critical Care / Pulmonary Medicine
Elyash, Igor, DO Surgery
Evans Murage, Julene O., MD OB/GYN
Fradlis, Bella, MD Medicine
Heslinga, Matthew David, MD Emergency Medicine
Holsaeter, Thomas Michael, MD Medicine
Israel, David Kenneth, MD Family Medicine
Khalig, Anila, MD Family Medicine
Khan, Saqba, MD Emergency Medicine
Luna-Rudin, Francesca Rosita, MD Medicine
Marballi, Abhishek Vivek, MD Medicine
Nunez, Randolph Lee, MD Emergency Medicine
Patil, Vivek Vinay, MD Diagnostic Imaging
Pomykala, Matthew, DO Eye, Ear, Nose, Throat
Pratap, Balaji, MD Cardiology
Purice, Gabriel, MD Medicine
Rainaldi, Matthew Adam, MD Pediatrics
Schwartz, Shimon, MD Psychiatry
Shah, Ravi Surendralal, MD Medicine
Song, Cherry, DO Surgery
Speeckaert, Amy Lynne, MD Orthopedics
St. Clair, Eric, MD Surgery
Stine, Robert John, MD Psychiatry
Sun, Yu, MD Medicine
Tewari, Deepali, MD Pediatrics
Thorpe, Stephen Lawrence, MD Anesthesia
Torrents, Martin Eduardo, DO Family Medicine
Tsai, Tsai-Lung, DO Orthopedics
Valenzuela, Ericka Maria, DO Family Medicine

Have a Question? Need Info?
The Medical Staff Services Department can help. For assistance with initial credentialing, contact Deborah Lasch at 845-333-1110. For assistance with re-appointment credentialing, contact Kathy Mikulski at 845-333-1108. For general assistance, contact Michelle Reynoso at 845-333-1204 or Sophia Michel 845-333-1107.

Medical Staff Meeting Schedule

The 2017 Medical Staff meeting schedule is now available on the Orange Regional Medical Center website and can be accessed by visiting www.ormc.org/formedicalstaff.aspx www.ormc.org
Meet Your Medical Staff Leadership

President
Nader Okby

Vice President
Phillip Massengill

Secretary/Treasurer
Victor Todisco

Member-at-Large
Adrian Paraschiv

MEDICAL COMMITTEE EXECUTIVE LEADERS

President – Nader Okby, MD
Vice President – Phillip Massengill, MD
Secretary/Treasurer – Victor Todisco, MD
Member at Large – Adrian Paraschiv, MD
Immediate Past President – Gregory Spencer, MD
Chief Medical Officer – James Oxley, DO

DEPARTMENTAL CHAIRMEN AND VICE CHAIRMEN

Anesthesia Chair – Lon Merin, MD
Anesthesia Vice Chair – Gilbert Nazareno, MD
Cardiology Chair – Paul Eugenio, MD
Cardiology Vice Chair – Michael Cho, MD
Critical Care/Pulmonary Chair – Maryann Park, MD
Critical Care /Pulmonary Vice Chair – Douglas Fletcher, MD
Diagnostic Imaging Chair – A. Ramsey Abadir, MD
Diagnostic Imaging Vice Chair – Victor Todisco, MD
Emergency Medicine Chair – Anuj Vohra, DO
Emergency Medicine Vice Chair – Trevor McGinley, DO
ENT Chair – Mark Driver, MD
ENT Vice Chair – Mandes Kates, MD
Family Medicine Chair – Alicia Weisman, MD
Family Medicine Vice Chair – Cristian Castro-Nunez, DO
Gastroenterology Chair – Rosa Cirillo, MD
Gastroenterology Vice Chair – Parantap Gupta, MD
Medicine Chair – Gurvinder Sethi, MD
Medicine Vice Chair – Adrian Paraschiv, MD
Neuroscience Chair – Andrew Faskowitz, DO
Neuroscience Vice Chair – Olga Fishman, MD
OB/GYN Chair – Wico Chu, MD
OB/GYN Vice Chair – Lezode Kipoliongo, MD
Orthopedics Chair – Eric Martin, MD
Orthopedics Vice Chair – Kevin Trapp, MD
Pathology Chair – Nader Okby, MD
Pediatrics Chair – Anjana Poonthota, MD
Pediatrics Vice Chair – Jocelyn Dummett, MD
Psychiatry Chair – Cesar Rojas, MD
Radiation Oncology Chair – Thomas Eanelli, MD
Rehabilitation Chair – Jonathan Rudnick, DO
Rehabilitation Vice Chair – Vincent Gulfo, MD
Surgery Chair – Sandra Sacks, MD
Surgery Vice Chair – Howard Karpoff, MD
Urology Chair – Ronald Raspa, MD
Urology Vice Chair – Steven Rowe, MD
On December 8, 2016 Orange Regional physicians gathered to celebrate the holidays at West Hills Country Club. Below are some scenes from the event.
The Physician Recognition Soirée will be held on Friday, April 28, from 6:00 p.m. to 8:30 p.m. at the West Hills Country Club located at 21 Golf Links Road in Middletown. This year, Adrian Paraschiv, MD will be honored with the Leadership Award. The Lifetime Achievement Award will be presented to Robin Karpfen, MD.

Foundation Announces Its 26th Annual Golf and Tennis Classic

The Orange Regional Medical Center Foundation is pleased to announce its 2017 Annual Golf Classic which will take place on Monday, June 19, 2017.

Renowned as one of the region’s finest golf outings, the 26th annual tournament will benefit the Orange Regional annual fund which provides vital support of patient programs and services, as well as community and staff education.

The widely popular tournament will be held at West Hills Country Club in Middletown and The Golf Club at Mansion Ridge in Monroe. The spectacular event will conclude with a celebratory dinner and awards ceremony at West Hills Country Club.

Various levels of sponsorship packages are available for this year’s tournament. With their round of golf, players receive a delicious breakfast, a golf cart, full lunch and an appreciation gift, as well as a tremendous golfers’ hour and buffet dinner at the awards ceremony. This year there are also newly-expanded sponsorship and play opportunities including a Tennis Clinic and Tournament and a Par 3 Clinic and tournament.

To learn more about the sponsorship opportunities available, or to register, please call the Orange Regional Medical Center Foundation at 845-333-2333 or visit www.ormc.org/golf.
Our healthcare climate is shifting and keeping up with changes to policies and regulations requires the kind of time and attention that clinical professionals simply don’t always have. This is why the role of a physician advisor has become so essential in healthcare. Doctors who can assist their peers and other hospital personnel as liaisons are needed now more than ever.

What Does a Physician Advisor Do? Physician advisors are involved in many areas, including patient quality and safety; billing status determinations; clinical documentation; a patient’s length of stay; utilization management and appeals. A physician advisor’s day could consist of doing rounds with doctors in the morning, then meeting with case management teams for multidisciplinary rounds, ensuring compliance and seeing that quality care is being provided and staff is communicating effectively. Physician advisors use their clinical skills daily, but they are not directly responsible for patient care.

A physician advisor’s role is to serve as a consultant who aids medical practitioners in determining the best way to comply with health regulations and policies to improve hospital operations while also providing enhanced patient care. The physician advisor is not only a help to physicians, but also nurses, case managers and other medical personnel, serving as the intermediary between hospital clinical staff members and hospital administrators.

A physician advisor’s role can include:

- Educating staff on ICD-10 documentation requirements
- Educating medical staff on the importance of complying with hospital policies and regulations, and explaining specific policy or regulation changes
- Guiding documentation training for physicians individually or in group settings
- Aiding hospital staff in preparing documentation for a Medicare compliance audit
- Educating medical staff on coding changes or other procedural shifts
- Bridging the gap between providing quality care and being influenced by a data-driven model
- Assisting in the drafting of appeals for recovery audit contractor (RAC) denials
- Mediating case conflicts between different hospital departments, teams or individual staff members

The Value of a Physician Advisor

An additional 800 convenient parking spaces have been added to accommodate patients, doctors and employees. In addition, The Orange Regional Foundation has funded a Fitness Trail project on the campus with outdoor exercise stations as part of the $3.3 million “The Future is Orange” campaign. The walking and exercise path can be used by patients, families and staff to promote overall good health. The Foundation also funded the Viewing Garden for Orange Regional’s Infusion patients, located at the entrance of the new Spagnoli Family Cancer Center. The Viewing Garden supports Orange Regional’s healing environment for patients and their families.

The first two floors of the Outpatient Building house an array of advanced diagnostic medical technology available including: 64-Slice Computed Tomography (CT Scan), 1.5 Tesla Wide-bore Magnetic Resonance Imaging (MRI), Digital X-Ray, Digital Ultrasound, Nuclear Medicine, Positron Emission Tomography CT (PET/CT) and Fluoroscopy. The Ray W. Moody, M.D. Breast Center features all 3D Mammography, the most advanced imaging available for breast cancer detection.

The Outpatient Building also features urgent care, primary care, outpatient laboratory services, and pre-surgical testing. The building also offers four outpatient operating rooms, endoscopy services, five procedure rooms, cardiac rehabilitation, a diabetes care center, medical school classrooms, a retail pharmacy and a bistro. Floors three to five are occupied by Orange Regional Medical Group specialty physicians.

The 26,000 square-foot Spagnoli Family Cancer Center combines existing outpatient cancer therapy services including radiation oncology (Varian Rapid Arc and TrueBeam Linear Accelerators) and Infusion Therapy, along with oncology exam rooms, Patient Navigators, Clinical Trials, a Healing Boutique, Caring Arts Modalities (Complementary Therapies) and a Viewing Garden. The single-story Spagnoli Family Cancer Center is attached to the main hospital building.

Continued from cover

www.ormc.org
**Bloodless Medicine and Surgery Program**

The Blood Management Program at Orange Regional is an evidence-based approach of maximal conservation and minimal use of blood products. In an effort to provide the same safe and quality care to patients who do not wish to receive blood products or transfusions as part of their medical care, Orange Regional offers its Bloodless Medicine and Surgery Program. The goals of this program are to improve patient outcomes, respect needs of all of our patients whom blood transfusion is not an option and educate staff on the safe and effective alternatives to blood transfusions.

**Why Bloodless Medicine and Surgery?**

At Orange Regional, we are considerate of all patients’ decisions regarding alternative options to blood products. We also respect a patient’s choice not to receive any blood products and transfusions whether for religious beliefs, health concerns, knowledge of complications or other personal convictions.

We recognize that there are health benefits strongly reinforced by scientific evidence that bloodless medicine is a safe and effective option for patients.

**Specific benefits include:**

- Faster recovery
- Shorter hospital stays
- Lower rates of post-op complications including heart attack, stroke and infections
- Avoiding risks associated with transfusions such as allergic reactions, contamination or exposure to viruses/infections or receiving the wrong blood type

**How does the Bloodless Medicine and Surgery Program work?**

Our Program is a hospital-wide effort including doctors, nurses, pharmacists, clergy and laboratory staff who respect your patients’ personal choice of blood management. We offer many high quality and effective bloodless techniques as alternatives to blood transfusions.

**Among them are:**

- Minimally invasive surgery
- Cell saver/blood salvage
- Volume expansion
- Use of hematopoietic therapies to boost production of red blood cells

If you have questions or want more information on our Bloodless Medicine and Surgery Program, please contact Program Navigator Sara Sargente, RN, OCN, at 845-695-5888 or ssargente@ormc.org.

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**Nitrous Oxide for Labor Pain Now Offered**

The Rowley Family Birthing Center is pleased to announce it is the first in Orange County, and one of the first in New York State, to offer nitrous oxide as a pain management alternative to laboring mothers.

Among the many benefits of nitrous oxide to women in labor is the ability to move around more freely than with an epidural anesthetic which blocks pain below the waist.

“Women have varied experiences with labor and delivery, and have many different preferences for dealing with the pain. It makes sense to have a wide variety of pain management options available for them,” said Clinical Nurse Specialist, Raizie Lutwak. “Even with nitrous oxide, patients get different degrees of relief. What many women like best is that nitrous is a non-invasive option that is self-administered. It helps them relax and can reduce the sensation of contractions. We have patients who find that nitrous is all they need throughout the entire process; others move on to having an epidural later in the labor.”

Nitrous oxide is a colorless and tasteless gas made for inhalation to provide analgesia during painful procedures. It has a long history of safe use in other countries during labor and delivery. It is self-administered through an on-demand flow delivery system, and can be used in all stages of labor without affecting the baby. When the mother stops inhaling the gas, the effects wear off very quickly. Nitrous oxide has also been used effectively for postpartum procedures immediately after delivery.

For more information, please contact Clinical Nurse Specialist, Raizie Lutwak at 845-333-6238 or rlutwak@ormc.org.
SAVE THE DATES

2017 Physician Recognition Awards
Friday, April 28, 2017  |  6:00 p.m.
West Hills Country Club
121 Golf Links Road, Middletown, NY

Medical Staff Quarterly
Thursday, June 8, 2017  |  6:00 p.m.
Conference Rooms 1, 2 and 3

Golf and Tennis Classic
Monday, June 19, 2017
8:30 a.m.
West Hills Country Club & Mansion Ridge Golf Course
For more information, contact the Foundation Office at 845-333-2333 or visit ormc.org/golf.